

Welcome Back to School

TUESDAY

A school meal is a choice of an entrée, vegetable, fruit, grain, and milk. To be a complete meal you must have 3 of the above components and one must be a fruit or veggie.

Parents are welcome to eat with their child any day!!

The menu is published monthly on

MONDAY

the school website

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**Gain Tortilla** 

Variety of Juices

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Variety of Juices

Oven Fried Chicken Mashed Potatoes/Whole Grain Roll, Entrée Salad, Chicken Wrap, PB&J, Uncrustables. Broccoli, Fruit & Milk, Variety of Juices

nole Grain Penne Pasta, Meat Sauce, Marinara Sauce, Breadstick, Entrée Salad, Chicken Wrap, PB&J, Variety of Juices

Uncrustables, Broccoli, Fruit & Milk,

Grilled Cheese, Tomato Soup, Popcorn Chicken, Entrée Salad,

Chicken Wrap, PB&J, Uncrustables, Broccoli, Fruit & Milk, Variety of Juices

The menu is subject to change due to availability of product

Beef Taco & Chicken Fajita, Whole

Spanish Rice/Refried Beans, Entrée

Uncrustables, Peas, Fruit & Milk,

Beef Taco & Chicken Fajita, Whole

Spanish Rice/Refried Beans, Entrée

Uncrustables, Peas, Fruit & Milk,

Salad, Chicken Wrap, PB&J,

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First Day of School! ½ Day Students Leave at 12PM

WEDNESDAY

No Lunch

14

Cheese Pizza on Whole Grain Crust, Entrée Salad, Chicken Wrap, PB&J, Uncrustables, Green Beans, Fruit & Milk, Variety of Juices

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Cheese Pizza on Whole Grain Crust, Entrée Salad, Chicken Wrap, PB&J, Uncrustables, Green Beans, Fruit & Milk, Variety of Juices

Cheese Pizza on Whole Grain Crust. Entrée Salad, Chicken Wrap, PB&J, Uncrustables, Green Beans, Fruit & Milk, Variety of Juices

THURSDAY \*

**Lunch Prices** 

K-5 - \$4.75

6-8 \$5.00

22

29

Scrambled Eggs

PB&J, Uncrustables,

Variety of Juices

Visitor Lunch \$5.50

Milk is offered daily

Chicken Sandwich

Uncrustables, Carrots,

Regular or Spicy

Cups are available for water

Hamburger, Cheeseburger, Entrée Salad, Chicken Wrap, PB&J, Uncrustables, **Oven Baked Fries Mixed Vegetables** Fruit, Milk & Variety of Juices

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Bosco Sticks, Chicken Nuggets, Entrée Salad, Chicken Wrap, PB&J, Uncrustables, Carrots, Fruit & Milk, Variety of Juices

Entrée Salad, Chicken Wrap, PB&J,

Fruit & Milk, Variety of Juices

Beef Meatball Sub, Turkey Corndog, Carrots, Oven Baked Fries, Entrée Salad, Chicken Wrap, PB&J, Uncrustables, Fruit & Milk, Variety of Juices

30

**OVEN FREE ENERGY SAVING LUNCH** Ham/Turkey Sub, Entrée Salad, Chicken Wrap, PB&J, Uncrustables, and Jelly/Chips/Dessert, Fruit & Milk, Variety of Juices

Chicken Breast Tenders w/Choice of Asian Sauce/Eggroll Entrée Salad, Chicken Wrap, PB&J, Uncrustables, Stir Fry Vegetables/Rice Fruit & Milk, Variety of Juices

Sausage/Pancake Whole Grain

Mixed Vegetables Fruit & Milk,

Biscuit, Entrée Salad, Chicken Wrap,

Beef Taco & Chicken Fajita, Whole **Gain Tortilla** Spanish Rice/Refried Beans, Entrée Salad, Chicken Wrap, PB&J, Uncrustables, Peas, Fruit & Milk, Variety of Juices

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Chicken Sandwich Regular or Spicy, Oven Baked Fries Entrée Salad, Chicken Wrap, PB&J, **Uncrustables, Mixed Vegetables** Fruit & Milk, Variety of Juices