

# March 2024

## Anchorage

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



4  
Whole Grain Penne  
Pasta  
Meat  
Sauce/Marinara  
Breadstick  
Broccoli  
Fruit and Veggie  
Milk and Juice

5  
Beef Taco  
Chicken Fajita  
Whole Gain Tortilla  
Spanish Rice/Refried  
Beans/ Peas  
Fruit and Veggie  
Milk and Juice Variety

6  
Cheese Pizza on  
Whole Grain Crust  
Green Beans  
Fruit and Veggie Bar  
Milk and Juice  
Variety

7  
Scrambled Eggs  
Sausage/Pancake  
Whole Grain Biscuit  
Mixed Veggies  
Fruit and Veggie  
Mik and Juice  
Variety

8  
Oven Roasted Chicken  
or BBQ Chicken  
Oven Baked Fries  
Whole Grain Roll  
Carrots  
Fruit and Veggie Bar  
Milk and Juice Variety

11  
Chicken Sandwich  
Regular or Spicy WG  
Bun  
Peas  
Fruit and Veggie Bar  
Milk and Juice  
Variety

12  
OVEN FREE ENERGY  
SAVING LUNCH  
Ham/ Turkey Sub or  
Peanut Butter and  
Jelly/Chips/Dessert  
Fruit and Veggie Bar  
Milk and Juice Variety

13  
Cheese Pizza on  
Whole Grain Crust  
Green Beans  
Fruit and Veggie  
Bar  
Milk and Juice  
Variety

14  
Beef Taco  
Chicken Fajita  
Whole Gain Tortilla  
Spanish Rice/Refried  
Beans/ Peas  
Fruit and Veggie  
Milk and Juice  
Variety

15  
Hamburger  
Cheeseburger  
Oven Baked Fries  
Mixed Veggies  
Fruit and Veggie  
Bar  
Milk and Juice

18  
Whole Grain Penne  
Pasta  
Meat Sauce/Marinara  
Breadstick  
Broccoli  
Fruit and Veggie  
Milk and Juice Variety

19  
Beef Taco  
Chicken Fajita  
Whole Gain Tortilla  
Spanish Rice/Refried  
Beans/ Peas  
Fruit and Veggie  
Milk and Juice  
Variety

20  
Cheese Pizza on  
Whole Grain Crust  
Green Beans  
Fruit and Veggie Bar  
Milk and Juice  
Variety

21  
Scrambled Eggs  
Sausage/Pancake  
Whole Grain Biscuit  
Mixed Veggies  
Fruit and Veggie  
Mik and Juice  
Variety

22  
Oven Fried Chicken  
Mashed  
Potatoes/Whole Grain  
Roll/ Carrots Oven  
baked Fries  
Fruit and Veggie  
Milk and Juice Variety

25  
Whole Grain Penne  
Pasta  
Meat Sauce/Marinara  
Breadstick  
Broccoli  
Fruit and Veggie  
Milk and Juice Variety

26  
Beef Taco  
Chicken Fajita  
Whole Gain Tortilla  
Spanish Rice/Refried  
Beans/ Peas  
Fruit and Veggie  
Milk and Juice Variety

27  
Cheese Pizza on  
Whole Grain Crust  
Green Beans  
Fruit and Veggie  
Bar  
Milk and Juice  
Variety

28  
Scrambled Eggs  
Sausage/Pancake  
Whole Grain Biscuit  
Carrots  
Fruit and Veggie  
Mik and Juice Variety

29  
Chicken Breast  
Tenders w/Choice of  
Asian Sauce/Eggroll  
Stir Fry  
Vegetables/Rice  
Fruit and Veggie Bar  
Milk and Juice

### DID YOU KNOW?

Alexander Graham Bell made the first ever phone call on March 10th, 1876. He called his assistant and said "Mr. Watson, come here. I want to see you."

No  
School

### A La Carte

K-5 - \$4.75  
6-8 \$5.00  
Visitor Lunch \$5.50

A school meal is a choice of an entrée, vegetable, fruit, grain, and milk. To be a complete meal you must have 3 of the above components and one must be a fruit or veggie.

Each Day a variety of Fruits and Vegetables are offered.

### School Info

Any questions about our school lunch program please reach out to

Kristy Clark

[Kristy.clark@anchorage.kyschools.us](mailto:Kristy.clark@anchorage.kyschools.us)

Parents are welcome to eat with their child any day!!

This institution is an equal opportunity provider.